



Lindsay's
HEALTH CENTRE
FOR WOMEN

Lindsay's is open every Thursday from 9am-4pm. Normal schedule:

All day: *Women's Centre:* Vangie Babin; Admin support
Physician: Dr. D MacLean

9:00am to 12:00 noon:

Nurse Practitioner: Connie Venedam-Marchand
Women's Centre: Nicole Rovers; registration
Public Health:

12-1:00pm: Lunch (Team Meeting Feb 4, 2010, 1:00pm)

1-4:00pm:

Women's Centre: Amanda Workman registration/support counseling

1:30-3:30pm: *Addiction Services;* Esther MacDonnell

Mental Health: Jean Crosby

Programming for February:

Eating Issues: Wednesdays – Emotional Eating 9:30am -11:30am and Ready for Change 4pm-6pm Two groups being offered to help women develop healthy eating strategies.

February

2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3 Eating Issues	4 Full Day * Team Meeting 1:00pm*	5	6
7	8	9 Midwifery Services 9-11am	10 Eating Issues	11 Full Day	12	13
14	15	16	17 Eating Issues	18 Full Day	19	20
21	22	23 Midwifery Services 9-11am	24 Eating Issues	25 Full Day	26	27
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Public Health:

12-1:00pm: Lunch (Team Meeting Mar 4, 2010, 1:00pm)

1-4:00pm:

Women's Centre: Amanda Workman registration/support counseling

1:30-3:30pm: *Addiction Services;* Esther MacDonnell

Mental Health: Jean Crosby

Programming for March:

Program Meeting – Monday, March 1st 1:00-3:30pm in the MacLeod Boardroom, 3rd floor (above Lindsay's)

Midwifery Community Services: *Amanda Ashe, Registered Midwife;* 9:00-11:00am on the 2nd and 4th Tuesday of the month. By appointment.

Well Women's Clinic (teen & adult) - Thursday, March 11, 2010 (1:00 p.m. – 6:00 p.m) at Paq'tnkek First Nation Health Centre

March

2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Program Meeting 1-3:30pm MacLeod Bdrm	2	3	4 Full Day * Team Meeting 1:00pm*	5	6
7	8	9 Midwifery Services 9-11am	10	11 Full Day WWC Paq'tnkek 1-6pm	12	13
14	15	16	17	18 Full Day	19	20
21	22	23 Midwifery Services 9-11am	24	25 Full Day	26	27
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